

Instagram-Worthy

# Easter Ideas

You Can *Totally* Pull Off! →



# GOOD HOUSEKEEPING

GOOD HOUSEKEEPING  
QUALITY TESTED

the  
1-MINUTE  
STRESS  
TEST

HOW-TO  
P 63

Egg Carton  
Centerpiece

HOW-TO  
P 54

easy  
SUNDAY  
DINNERS

# Spring!

pretty  
ORGANIZING  
TRICKS

Simple  
Paper  
Blooms

HOW-TO  
P 11

HEALTH  
REPORT

WHO'S  
AT RISK *for*  
ADDICTION?

GOOD  
HOUSEKEEPING

# the **GOOD** stuff



Floral Tape

Faux Stamens

Dye edges of cupcake liners.

EASY DIY: COVER CRAFT

## PAPER BLOOMS

These GH April cover-star flowers can brighten a room or someone's day—just like the real thing. Bonus: They last forever! Create a bouquet in only a few steps.



1. Fold dyed cupcake liners for use colored ones in half and cut out petal and fringe shapes.



2. Fold a piece of floral wire in half and twist around faux flower stamens.



3. Poke the wire through the center of three to four paper liners.



4. Wrap floral tape around the base of the liners and continue to wrap down the "stem."

### CONTENTS

FEATHER • NEST p 25

26

**INSIDE THE GH BEAUTY LAB**

Healthy skin, hair and more

30

**SKIN SCIENCE**

Happy hands

33

**"CLEAN" BEAUTY**

Dispelling myths about the craze

36

**AWESOME OUTFITS**

Easy dressing ideas

44

**HOME**

Beautifully organized

48

**EASTER SPECIAL**

Sweet treats and cute crafts

57

**ASK THE GH CLEANING LAB**

Our home care expert's advice

DISCOVER p 59

60

**JUST IN**

Inspiration, books and buzz

64

**THE SCIENCE OF ADDICTION**

71

**WELLNESS**

Need-to-know health news

GH REPORT p 75

75

**LAB-APPROVED TRAVEL HACKS**

Smart strategies and ideas

81

**SEAL SPOTLIGHT**

Stay-well standouts